

COURSE 2

Caprese Salad

In a small bowl:
Add Sliced Grape Tomato
1.T. Olive Oil
1.T. Balsamic Vinegar
1/4 t. Kosher Salt
1/4 t. Fresh Cracked Pepper
1 t. Minced Garlic
1.t. Minced Garlic
1.t. Minced Shallots
**Mix Well, Cover in Saran Wrap, Place in Fridge to Marinate
Before Service:
Add 1 1/2 T. Rough Chopped Basil
Fresh Mozzarella
Mix & Serve

COURSE 3

Bacon Wrapped Filet

**30 Minutes Prior To Cooking
Season Steak with Kosher Salt & Fresh Cracked Pepper,
Let Rest at Room Temperature until Cooking Process
In Skillet
Add 1 T. Olive Oil
**When Oil is Piping Hot
Add Steak
1 t. Butter
1 Clove Garlic
Sprigs Rosemary & Thyme
**Sear on Both Sides for 2 Minutes Each
**Flip On Side to Brown Bacon
**Baste Juices over Steak

**Place in Oven for 6 - 8 Minutes or Preferred Temperature
**Remove Steak From Pan & Let Rest, Wrap in Foil
**Place Pan Back on Burner

Bourbon Mushroom Cream Sauce

In Steak Skillet: Add -Add
1 T. + 1t. Butter

1 t. Minced Shallots

1 t. Minced Garlic

1 1/4 C. Mushroom Mix

1 T. + 1t. Flour

**Cook 2 - 3 Minutes - Scrape Sides & Bottom

Add
1/2 C. Beef Broth

1 T. Bourbon

1 t. Apple Cider Vinegar

2 T. Rosemary Cream Sauce

**Bring to Boil

**Reduce Heat & Cook until Sauce Thickens - 4-6 Minutes

COURSE I

Pumpkin Carrot Puree Soup

In a small sauce pot:
Add 2 C. Vegetable Broth
1 C. Blanched Carrots
1/2 C. Pumpkin Puree
3 T. Coconut Milk
1/2 t. Ground Ginger
1/4 t. Nutmeg
1/4 t. Cinnamon
3 T. White Sugar
**Bring to Boil, Reduce Heat and Simmer for 5 Min

COURSE 3

Rosemary Chicken

In Skillet: In Skillet:
Add 2 t. Olive Oil
2 t. Butter
Pinch Garlic
**Sauté until Oil Mixture is Light Brown
Add Seasoned Chicken Breast
**Sear on Each Side for 2 Minutes @ 350. Cook 12-14
Minutes or Until Internal Temperature Is 165 degrees

Rosemary Cream Sauce

In Small Sauce Pot:
Add 2 t. Butter
1/2 t. Shallots
1/2 t. Minced Garlic
**Sauté Until Translucent - 2-3 Minutes
Add 2 **Flour **Reduce Heat & Cook for 2 -3 Minutes (creating roux),

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Whisking Often

Add
1/2 C. Milk

1/4 C. Heavy Cream

1 1/2 t. Dijon Mustard

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1/2 t. Minced Rosemary

1/2 t. Kosher Salt

1/2 t. White Sugar

Pinch Fresh Cracked Pepper

**Cook Over Low Heat for 4 - 6 Minutes or Until Sauce

Thickens

**Set Aside Until Chicken is Finished

COURSE 4

Triple Berry Compote

In Small Sauce Pot:
Add 1/2 C. Triple Berries
2 T. White Sugar
Dash Lemon Juice
**On High Heat Cook until Berries Start to Release Their
Liquids
**Reduce Heat
**In Separate Bowl
Add 2 T. + 2 t. Cold Water
1/2 t. Corn Starch
**Whisk Until Smooth
**Add to Berry Mixture and Cook on Low Heat Until Sauce
Thickens

Triple Berry Crisp

CRUMBLE
In Small Bowl
Add 1/4 C. Oats
1/4 C. Flour
1 T. White Sugar
2 T. + 1 t. Brown Sugar
1/4 t. Cinnamon
Pinch Salt
**Mix Well
Add 1/4 C. + 2 t. Melted
Butter
**Mix Well & Set Aside

CRUMBLE

BERRY MIXTURE
In Pie Tin
1 1/2 C. Mixed Berries
2 T. Flour
2 T. White Sugar
Pinch Salt
Dash Lemon Juice
1/2 t. Vanilla
**Mix Gently to Combine
Add Crumble Mixture to
Top of Berries
Bake @ 350 25-30
Minutes or Until Crumble
is Light Brown and
Edges are Bubbling **BERRY MIXTURE**

STEAK TEMPERATURE GUIDE

Extra Rare (Bleu Rare)

80 - 100 Degrees

Rare

120 - 125 Degrees

Medium Rare

130 - 135 Degrees

Medium

140 - 145 Degrees

Medium Well

150 - 155 Degrees

Well Done

160 - 175 Degrees

